



**ELIZABETH FORWARD**  
HIGH SCHOOL

2021-2022 School Year

## Elizabeth Forward High School New Student Transition Guide



A guide for incoming students  
and their parents.



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### A MESSAGE FROM . . . Mr. Michael Routh, Principal



On behalf of the faculty and staff I am pleased to welcome you to Elizabeth Forward High School. Very soon you will embark on a four-year journey with us as the Class of 2025, and I am certain that you will have an incredible experience. We have created this guide to help make the transition from middle school to high school a little easier. Please know that we are here to help and do not hesitate to reach out to our teachers, school counselors, and other support staff. I look forward to getting to know you as you rise to meet the challenge of these high school years.



### Dr. Anthony Popowitz, Assistant Principal

Welcome Freshmen!



I am very happy to continue my job as Assistant Principal at Elizabeth Forward High School and look forward to helping you with your academic success. I encourage all of you to explore our activities and clubs and get involved in our wonderful organizations. Also, with the PBIS framework in gear, you can look forward to a positive learning environment. GO WARRIORS!

### Dr. Heather Hibner, Assistant Principal

Welcome Class of 2025! I am so pleased to begin my fourth year at Elizabeth Forward High School as an Assistant Principal. As a student at Elizabeth Forward High School, I am confident that our academic, athletic and social opportunities will challenge and empower you to become the *best version of you*. There are so many unique opportunities available to you as an Elizabeth Forward Warrior; be sure to take advantage and make the most of your high school years here.





# Where to Go & Who to See

<b>Main Office</b>	412-896-2349
<ul style="list-style-type: none"> <li>• Secretaries: Mrs. Ambler &amp; Mrs. Curran</li> <li>• To preschedule a student absence, drop off student early dismissals and student excuses</li> <li>• Sign in / out for early dismissals</li> <li>• Purchase replacement planner</li> <li>• Issues with a locker; pick up a confiscated electronic device; deliver something for a student</li> </ul>	

<b>School Counselors</b>	412-896-2352
<ul style="list-style-type: none"> <li>• Mrs. Gierl -10<sup>th</sup>-12<sup>th</sup> (A-Le)</li> <li>• Mr. McManus -10<sup>th</sup>-12<sup>th</sup> (Li-Z)</li> <li>• Ms. Scalfari - 9<sup>th</sup> grade</li> <li>• Mrs. Scheiber- Secretary</li> <li>• To discuss scheduling options, personal concerns; to find scholarship info and post-secondary plans.</li> </ul>	

<b>Nurse's Office</b>	412-896-2356
<ul style="list-style-type: none"> <li>• Mrs. Herbst, CSN</li> <li>• Illness; prescription drop- off; daily medication; immunization</li> <li>• Lost and found</li> </ul>	



<b>Athletic Office</b>	412-896-2351
<ul style="list-style-type: none"> <li>• Mr. Guffey Athletic Director</li> <li>• Mrs. Starmack, Secretary</li> <li>• To pick up or drop off athletic forms; to purchase tickets; to request use of facilities</li> </ul>	



<b>Transition Coordinator</b>	412-896-2380
<ul style="list-style-type: none"> <li>• Mr. Huber</li> <li>• For special education students who are working on post-secondary options and goals</li> <li>• Office is located in the district office</li> </ul>	

<b>Transportation</b>	412-385-2908
<ul style="list-style-type: none"> <li>• Ms. Dahlstrom</li> <li>• Student Transportation of America (STA)</li> <li>• Concerning bus routes; change in address/ bus; pick-up and drop off times</li> </ul>	



<b>Cafeteria</b>	412-896-2340
<ul style="list-style-type: none"> <li>• Mrs. Savorelli</li> <li>• <a href="http://www.payforit.net">www.payforit.net</a></li> <li>• Go online to put money on your child's lunch account; speak about free / reduced option</li> </ul>	



# Policies & Procedures



## Daily Schedule

Elizabeth Forward High School operates on a nine-period bell schedule. Students report directly to their first period class upon arriving to the building. A regular school day begins at 7:25 am and ends at 2:20 pm.

## EFHS Late Starts

In the case of inclement weather or an emergency, you will be notified by the *School Connects* system. This system notifies families by a phone call and/or e-mail. Additionally, the local television news will have updated information, as well as the district website, and other social media platforms (i.e., Facebook/ Twitter)



## Attendance

Parents or legal guardians are required to submit a written excuse or doctor's note within **three** school days following the absence. These should be submitted to the excuse box outside of the attendance office. It is the student's responsibility to collect all missed work when absent.



## Arranged Absences & Early Dismissals

Notify the office as far in advance as possible. It is the student's responsibility to obtain all educational trip forms from the high school office. In order to leave school early- regardless of age, a student must present a written note from a parent prior to the first period. All parents or authorized persons must pick up students in the main office.



## Bullying

A student is being bullied or victimized when he or she is exposed, repeatedly over time, to negative actions by one or more students and/or employees. Students should report incidents of bullying to their guidance counselor, principal, or teacher.

## Cafeteria

To encourage good nutrition, a well- balanced lunch is offered at a reasonable price. Students are required to keep a positive balance in their meal accounts. No outside deliveries or fast food are permitted.

## PBIS

EFHS has implemented universal behavioral expectations for all students. Students are rewarded for adhering to these school- wide expectations

## Dress Code

A student's appearance or mode of dress or cleanliness will not be permitted to disrupt the educational process. The specific guidelines of the dress code can be found on the district website, [www.efsd.net](http://www.efsd.net), and in the student handbook. Students who report to school in violation of this code will be asked to change or call home for different clothing. Repeat offenses will result in disciplinary action.

## Lockers

Students are encouraged to keep their lockers locked at all times. The school is not responsible for any loss that may occur; however, all losses should be promptly reported to the high school office. Students should report locker difficulties to the office. The school does not provide locks. Students must give lock combination to their homeroom teacher.





## 2021-22 Bell Schedules



### Regular Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:10
Period 2	8:14-8:56
Period 3	9:00-9:42
Period 4	9:46-10:28
Period 5	10:32-11:14
Period 6	11:18-12:00
Period 7	12:04-12:46
Period 8	12:50-1:33
Period 9	1:37-2:20

### HR/Activity Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:05
Period 2	8:09-8:49
Period 3	8:53-9:33
Activity/HR	9:37-10:07
Period 4	10:11-10:49
Period 5	10:53-11:31
Period 6	11:35-12:13
Period 7	12:17-12:55
Period 8	12:59-1:37
Period 9	1:41-2:20

### PM Activity Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:05
Period 2	8:09-8:46
Period 3	8:50-9:27
Period 4	9:31-10:08
Period 5	10:12-10:49
Period 6	10:53-11:30
Period 7	11:34-12:11
Period 8	12:15-12:52
Period 9	12:56-1:33
PM Activity	1:37-2:20

### Two-Hour Delay Schedule

Warning Bell	9:23
Period 1	9:25-9:55
Period 2	9:59-10:28
Period 3	10:32-11:02
Period 4	11:06-11:36
Period 5	11:40-12:10
Period 6	12:14-12:44
Period 7	12:48-1:18
Period 8	1:22-1:49
Period 9	1:53-2:20



## Technology & More...

EFSD is at the cutting edge of technology. Every child K-12 is equipped with an iPad. Teachers integrate technology into their lesson plans daily in order to make learning fun and engaging.



The high school is one of the only schools in the state that houses a student- centered Fab Lab. EF's FabLab is an MIT Certified program and facility.



### Common Sense Media Offers Guidelines to Help Schools and Parents

As school policies and rules online continue to change, parents can talk openly with kids about being smart digital citizens, and can learn together. Common Sense is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology by providing unbiased information, trusted advice, and innovative tools to help them harness the power of media and technology as a positive force in all kids' lives.

Check out: <https://www.commonsensemedia.org/>



# Academic Overview

School Counselors are available to help create, modify, and ensure credit completion for all students.

*Mrs. Gierl*

- Grades 10-12
- Last Names A-LE
- 412-896-2346

*Mr. McManus*

- Grades 10-12
- Last Names LI-Z
- 412-896-2347

*Ms. Scalfari*

- Grade 9
- 412-896-2334

Guidance Fax: 412-384-2693

## Academic Departments at EFHS

English \* Social Studies\* Mathematics\*  
 Science\* Foreign Language \*  
 Business/Computer \* Entertainment  
 Technology \* Visual Arts \* Music \* Family  
 & Consumer Science \* Technology  
 Education \* Special Education \* Health &  
 Physical Education \* Steel Center \*

All 9<sup>th</sup> graders are required to take the following courses during their

Freshman Year:

- ✓ Building Bridges
- ✓ ElizaBYTE
- ✓ Physical Education/Swim

EFHS also offers a variety of course levels per each grade and department. Some of these classes include:

- Advanced Placement
- Honors
- Academic
- Applied
- Pre-Advanced Placement
- College in High School



## Catch- Up Time

Throughout the course of the school year, academic "Catch-up Times" will be scheduled. This is an academic intervention designed to help students and teachers with any additional time needed to complete work or get extra help.



## Graduation Requirements:

- ✓ Completion of courses with passing grades
- ✓ Proficiency on the Keystone Exams



## Credit Requirements for Graduation

Course	# Credits Required
English	4
Social Studies	4
Mathematics	4
Science	4
Electives	3
Arts/Humanities	3
Physical Education/Aquatics	1
Health	.50
Technology	.50
Building Bridges to My Future	.50
Computer Science	.50
<b>TOTAL CREDITS</b>	<b>25</b>

Please Note: Students are required to schedule a minimum of 6.75 credits per school year.

## Grade Point Average Scales

Grade	Regular	Honors	Advanced
A	4	4.5	5
B	3	3.5	4
C	2	2.5	3
D	1	1.5	2
F, WF	0	0	0



Proud to be a Warrior

# Athletics

Student tickets for all home games are sold in the Athletic Office during the school day For \$1.00. Tickets are on sale at the games \$2.00.



## EFHS Sports Teams

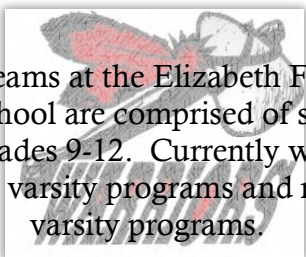
FALL	WINTER	SPRING
Cheerleading	Basketball	Baseball
Cross Country	Swimming	Softball
Football	Wrestling	Track & Field
Golf		
Soccer		
Volleyball		



Free athletic physical exams are given during June for all sports at the high school. Information is given during school announcements in late April a early May. We mail all physicals and code of conduct forms to the students' homes.



Sports teams at the Elizabeth Forward High School are comprised of students from grades 9-12. Currently we offer nine boys varsity programs and nine girls varsity programs.



Elizabeth Forward High School



Student athletes may also be asked to participate in a student leadership forum through the Athletic Department. Topics such as: sports psychology, team building, and school spirit are some of the topics covered in these bi-annual meetings.



Athletes and band members are recognized annually at a football game for attaining a 3.5 grade point average or higher by being named to the "All Academic Team".





Proud to be a Warrior

# Extra-Curricular Activities



A student activities program is an integral part of a student's educational experience. It is an opportunity for a student to explore a new interest or socialize with friends in a supervised activity. EFHS offers a variety of clubs and activities for a variety of student interests. Students are strongly encouraged to be involved in activities and clubs during their four years at EFHS. To get involved in an activity, students should check out the EFHS website and listen to announcements for meeting dates and times. Students can also contact club sponsors to find out more information.



## Activities/Clubs Contact Information



### ACTIVITIES, PROGRAMS AND/OR SPONSORS: 2021 - 2022

- \* Academic League ..... Mr. James Coll
- \* Activities Director. .... Mrs. Angie Milliren/ Dr. Jen Spiegel/ Mrs. Lynn Ambler
- \* Band ..... Mr. Stephen Spang
- BotsIQ ..... Mr. Michael Day
- \* Choir ..... Mrs. Angie Milliren
- Class Sponsors
  - \* Senior (Homecoming & Winter Formal) .....Mrs. Kate Bonatesta
  - \* Junior (Prom) ..... Ms. Nancy Rowe
  - \* Sophomore .....Mrs. Kaila Miele
  - \* Freshman .....TBD
- Coding Club .....TBD
- Drama Club ..... Mrs. Alana Wieclaw
- \* Green Team ..... Mrs. Dianne Keller / Ms. Alexis Dombrowsky
- \* Interact ..... Ms. Malena Mazurek
- \* Intramurals. .... TBD
- Leo Club ..... Mrs. Tara Wemyss
- \* Mock Trial ..... TBD
- \* Multi-Media ..... Mrs. Angie Milliren
- \* National Honor Society (NHS). .... Mr. Joseph McManus
- PBIS Brave Bunch ..... Mrs. Missy Benedict
- Spanish Honor Society. .... Ms. Amy Thurston
- \* Students Against Destructive Decisions. . .Mr. Larry Feick/ Ms. Alexis Dombrowsky
- \* Student Government Association (SGA) .....Mrs. Jennifer Spiegel
- The Future Is Mine (TFIM) .....Ms. Crista Scalfari
- Technology Student Association (TSA).....Mr. Greg Schutz
- \* **EDR Position**





Elizabeth Forward High School

1000 Weigles Hill Road

Elizabeth, PA 15037

Phone: 412-896-2349

Fax: 412-384-2030

[www.efsd.net](http://www.efsd.net)